

FALL RETREAT INFO



ARRIVAL FRIDAY

Please arrive at Bass Pro Shops @ 3065 Palladium Dr, Ottawa, ON K2T 0N2 at 2:30 PM and no later than 2:45 PM. We are scheduled to leave at 3 PM.



TRANSPORTATION

We will be traveling to and from camp via carpooling. Our cars leave at 3:00 PM on Friday, and return at 4:00 PM on Sunday. (Estimated arrival is between 3:30 PM - 4:00 PM)



WHAT TO BRING FOR THE WEEKEND

Here is a list of the items you need to pack in your **ONE** suitcase/bag:

- Warm Clothes (sweaters, jeans, sweatpants, extra socks)
- 2-3 Outfits
- Pajamas
- Modest Swimwear (Ladies, please use one piece bathing suits only)
- Toiletries: shampoo, body wash, toothbrush, toothpaste, deodorant
- Towel, plastic bag for wet shower items
- Refillable Water bottles
- Footwear (eg. flip flops for showers, walking shoes for hiking, running shoes for indoor games)
- Small Backpack/Bag (useful for showers, bringing Bibles to sessions)
- Bedding (pillow and sleeping bag/blankets, these may be packed separately if absolutely necessary)
- Bible, journal and something to write with (pen, pencil, highlighters, etc.)
- Nut-free to go snacks for the drive (ex-apples, carrots, grapes, cheese sticks, yogurt, jerky, crunchy bites, popcorn, pretzels, crackers, packaged bars, or homemade mixes with seeds and dried fruit)
- Money (optional for food at rest stops, and the Tuck shop where you can buy snacks and souvenirs at Joy Bible Camp)

PLEASE NOTE: We will NOT be stopping for dinner on the way to or from Joy Bible Camp. Please plan accordingly.



WHAT **NOT** TO BRING

- Things that will distract you (cell phones, iPads, etc.)
- Valuables
- Expensive Clothing, Jewellery, etc.
- Anything that could hurt someone else (pocket knives)
- Snacks that contain nuts

We encourage students to stay unplugged and leave their cell phones behind.

PLEASE NOTE: We will not take responsibility for any lost or stolen items.



SATURDAY ACTIVITIES

Our students will have the opportunity to participate in the various activities listed below:

- Basketball (indoor)
- Volleyball (indoor)
- Floor hockey
- Campfire
- Swimming
- Soccer
- Hiking
- Mini put
- Bikes
- Canoeing
- Pingpong



UPDATES WHILE WE ARE AWAY

A designated leader will be sending email updates to all parents at the following times:

- When we arrive at Joy Bible Camp (Friday)
- At the end of each day (with 3 highlights, what is coming up and ways to pray)
- When we leave Bible Camp (Sunday)
- Updates as needed



ARRIVAL & PICK-UP ON SUNDAY

Please arrive at the Bass Pro Shops @ 3065 Palladium Dr, Ottawa, ON K2T 0N2 to pick up your child at 4:00 PM.



WAYS TO PRAY

We invite you to join us in fervent prayer for our youth and leaders as they embark on a crucial weekend.

This year's teaching theme is **Pressing On to Jesus**, drawing from **Philippians 3:14**: "I press on toward the goal for the prize of the upward call of God in Christ Jesus."

- Pray for confidence in Christ alone (Philippians 3:3)
- Pray for humility (Philippians 3:4–7)
- Pray for a deeper desire to know Jesus (Philippians 3:8–10)
- Pray for spiritual growth (Philippians 3:10–11)
- Pray for perseverance (Philippians 3:12)
- Pray for freedom from the past (Philippians 3:13)
- Pray for wholehearted pursuit of God's calling (Philippians 3:14)
- Pray for spiritual maturity (Philippians 3:15–16)
- Pray for godly examples and influence (Philippians 3:17)
- Pray with an eternal perspective (Philippians 3:20–21)